



HOSPITAL-TO-HOME™ PERINATAL MENTAL HEALTH ECHO®

Featuring Leslie Butterfield, PhD

9:00 am – 10:30 am
2nd & 4th Wednesdays of the month

Understanding how perinatal mental health (PMH) can impact caregivers in the transition from the NICU to home therapy services can be daunting for ESIT and community providers. The Hospital-to-Home Systems Change team is offering an ECHO series to delve deeper into various aspects of perinatal mental health, gaining a more comprehensive understanding of the challenges, best practices, and strategies for this population.

- February 28 – Perinatal Mental Health Overview
- March 13 – How Trauma Shows Up
- March 27 – Typical Tasks vs. NICU Tasks
- April 10 – Supporting Oxytocin
- April 24 – Congruent Infant and Parent Development
- May 8 – Fathers and Non-Birthing Parents
- May 22 – Experiences that Increase Risk
- June 12 – Facilitating the Parallel Process
- June 26 – Weaving the Tapestry

This ECHO offering is an open series, meaning you can come to the sessions that work for you. Attending as many sessions as you are able will provide the most comprehensive learning and connection opportunities.

WHAT IS PROJECT ECHO?

Project ECHO – Extension for Community Healthcare Outcomes – is a free innovative tool that connects the community with a multi-disciplinary team of experts. This “all teach, all learn” model uses case-based learning to share best practices and support equitable outcomes.

This PMH ECHO series is funded through a Perinatal Mental Health Initiative grant, awarded to Northwest Center, in conjunction with Perinatal Support Washington and DCYF.

WHO SHOULD ATTEND?

This ECHO group is intended for a variety of community and medical providers across care settings who support infants and families with the transition from hospital to home as well as people with lived experiences with PMH or NICU.

LEARN MORE & REGISTER



<https://iecho.org/public/program/PRGM1706828341765041FIBI3ER>

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